

**PREPARING FOR
METALLICA**
GEARING UP BIG SITE
FOR HUGE CROWD {page 3}



CUP HERO MARCHAND WANTS STANLEY'S MUG ON PARADE {page 3}



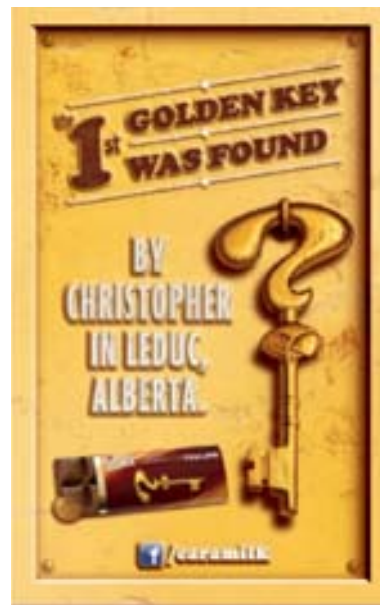
HALIFAX

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Tuesday, July 12, 2011
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Home. Coming



RYAN TAPLIN/METRO

► Jill Barber, a former Haligonian now living in Vancouver, performs at the Halifax Jazz Festival last night. Vancouver's Pugs and Crows was the opening act. The nine-day festival runs through Saturday.

Barber brings it on home at jazz festival

Herd nab local star: Sources

► Acquisition would be big boost to rebuilding squad ► MacKinnon considered QMJHL's best prospect since Sidney Crosby

The Halifax Mooseheads have landed hometown hockey star Nathan MacKinnon.

Multiple sources have told Metro the Mooseheads will acquire the 15-year-old Cole Harbour centre from the Baie-Comeau Drakkar in a blockbuster trade that will send reigning team MVP Carl Gelin, 18-year-old centre Francis Turbide and three first-round draft picks in the other direction.

Although the Quebec Major Junior Hockey League's next trade period doesn't open until Aug. 1, the deal is expected to be announced tomorrow at a press conference in Baie-Comeau, Que.

Neither Mooseheads general manager Cam Russell nor majority owner Bobby Smith were willing to confirm the trade after news broke on RDS



► Nathan MacKinnon

late yesterday.

"The Drakkar are having a press conference on Wednesday and we will have a statement at that time," Smith said.

Drakkar GM Steve Ahern could not be reached for comment.

MacKinnon was taken first overall in last month's QMJHL draft even though he had not com-

mitted to play in Baie-Comeau and had publicly discussed going the U.S. college route instead.

● MATTHEW WUEST

Foreign affairs

Baird dismisses statehood bid

► Foreign minister says UN recognition of Palestinian statehood this fall would be meaningless {page 6}

California captive

Kidnap victim breaks silence

► Held captive for nearly 20 years, Jaycee Dugard speaks publicly about her ordeal {page 7}

Drought crisis

Ethiopian need may be greater

► U.S. aid workers fear devastation has been underestimated by Ethiopian officials {page 6}

Extra picks to burn

► The Mooseheads had extra first-round picks to burn after dealing prospect Adam Erne to the Quebec Remparts late yesterday. For more, see page 17.



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Marchand ponders parade for cup

He knows the date. Now, Brad Marchand must decide exactly how to spend his day with Lord Stanley's mug.

Mark it on your calendar: Monday, Aug. 29 will be the day the Boston Bruins forward and hometown hero gets his day with the Stanley Cup.

"Obviously, I want to try

and have a lot of alone time with just my friends and family, but I also want to get the town involved and give them the opportunity to see it and enjoy it as well," Marchand, a 23-year-old from Hammonds Plains, said yesterday. "We're thinking about the possibility of doing a parade, then set up shop

somewhere where everyone can come in and take pictures — do all that fun stuff.

"We are just looking at where to do that stuff now."

Marchand found out last week he would be getting the cup in late August. The order was based in large part on team seniority, with Marchand one of the club's



► Brad Marchand

youngest players.

He's been back home now for several weeks, and being recognized almost everywhere he goes after playing a key role in the Bruins Cup triumph.

"Everywhere I go, people are congratulating me and stuff," Marchand said. "It's been fun."

● PHILIP CROUCHER

So close, no matter how far

► Metallica's sizeable stage to offer great view ► Organizers expecting sellout crowd of 30,000

RACHEL WARD
HALIFAX@METRONEWS.CA

Work is now well under way in preparation for Thursday's Metallica concert on the Garrison Grounds.

About 60 workers were on site yesterday, working to put together the huge stage.

Site manager David MacKay said it's the biggest stage the site builds for popular performers.

"This is the same size stage as we had for Paul McCartney, so it's the biggest stage we've used. It's going to be a huge show," said MacKay, son of promoter Harold MacKay. "The screen they've put on it is (also) huge."

Metallica's video presentation will show on a 25-foot-by-75-foot screen and will no doubt have many eyes on it during the high-

"It's probably the best setup this hill has ever had."

SITE MANAGER DAVID MACKAY

ly anticipated show.

The audience section stretches to the top of Citadel Hill. MacKay said his team has tucked the stage into the corner near Sackville Street and lined the venue with fences directing people towards the stage.

"There's an amazing natural amphitheatre, so we want to push people up on the hill, but at the same time we want to keep people in the crowd in front," he said.

Don't expect to catch a glimpse of the band at the top of the hill without buying tickets. Corporate and VIP tents will line the top of the hill, blocking views of the stage. Fencing will also surround the concert site at the ground level.



► A worker helps set up the stage for Thursday night's Metallica show on the Garrison.

Opener to perform despite robbery arrest

One of the acts opening for Metallica on Thursday says their tour will continue after its bass player was arrested and charged with robbing a Massachusetts pharmacy of prescription painkillers just hours before a show on Sunday.

Attleboro police say Michael Todd, bassist for

Coheed and Cambria, entered the Walgreen's pharmacy after 1 p.m. on Sunday and showed the pharmacist a note on his phone saying he had a bomb.

Police say the 30-year-old Todd, of Anaheim, Calif., then made off with six bottles of OxyContin and fled

in a cab headed to the Comcast Center in Mansfield, where his band was to open for Soundgarden that night. He was arrested at the concert hall before the show, and the band played without him.

The band's website says the tour will continue.

THE ASSOCIATED PRESS

Tourism down over last year: Report

The number of tourists visiting the province dropped by four per cent in the first four months of this year compared to last.

Figures released from

the Department of Economic and Rural Development and Tourism also showed road travel fell eight per cent between January and April, while air travel was up eight per cent compared to the same period in 2010.

For April specifically, the number of tourists rose by one per cent compared to the same time last year.

● METRO

1
news



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Investment adviser Allan Small explores the impact of U.S. job numbers on Canadian investors at metronews.ca/investing

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Get moving on Lower Churchill: U.S. governor

► Hydroelectric megaproject yet to get federal signoff ► Tensions remain between Quebec and Atlantic provinces on deal over the project

MIKE DEMBECK / THE CANADIAN PRESS



► Newfoundland and Labrador Premier Kathy Dunderdale and Nova Scotia Premier Darrell Dexter speak at the 35th annual Conference of New England Governors and Eastern Canadian Premiers yesterday in Halifax.



ALEX
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Discussions on the cost of energy produced at Lower Churchill Falls need to happen rapidly, warns Connecticut Gov. Dannel Malloy.

Speaking at the 35th Conference of New England Governors and Eastern Canadian Premiers in Halifax yesterday, Malloy said there is a "tremendous amount of pressure" building in the United States to invest in renewable energy.

"And every dollar that's

invested today is going to give us a long-term commitment and a dollar that we can't invest in (other) long-term contracts," he said.

Malloy said there is a proliferation of alternatives to fossil-fuel energy popping up in the region. Discussions around the cost of Lower Churchill energy need to happen quickly, or states may be forced to move on other renewable-energy initiatives before the project comes on line.

Malloy's comments were directed to Emera CEO Chris Huskison and Newfoundland's Nalcor Energy CEO Ed Martin,

"We will not be held hostage in a region of the country.... We've agreed to disagree with Quebec in terms of the federal government's participation."

NEWFOUNDLAND AND LABRADOR
PREMIER KATHY DUNDERDALE

who were on hand to deliver an update on the Lower Churchill project.

Huskison welcomed the comments.

"Clearly the timing is right," Huskison told re-

porters after the meeting.

"There are a lot of projects being proposed today. And what (Malloy) wants to do for his citizens, which makes perfect sense to us, is come up with the best project for his citizens."

Of the energy to be produced at Lower Churchill, 40 per cent will stay in Newfoundland and Labrador, and 20 per cent will be sold to Nova Scotia.

The remaining 40 per cent will be pushed through the provinces to markets south of the border. Development is expected to begin next year.

Beer-brewing scion victim of homicide: Cops

The death of businessman Richard Oland, who was a scion of a well-known Maritimes beer-brewing family, is being investigated as a homicide that police in New Brunswick don't believe involved robbery or was a random act.

Oland's body was found in his Canterbury Street office in Saint John on Thursday, at which point police described his death as suspicious. He was 69.

Saint John police said yesterday they've determined Oland was the victim of foul play but they declined to say how he died.



► Richard Oland

Police Chief Bill Reid told a news conference that investigators believe Oland knew the person responsible for his death.

Oland's funeral is scheduled for today.

THE CANADIAN PRESS

DALHOUSIE UNIVERSITY

Support staff vote to strike

Unionized support staff at Dalhousie University have voted to strike.

Joan Jessome, president of the Nova Scotia Government and General Employees Union, said a strike could be underway by early August just as students begin arriving for the new academic year.

Jessome said the university wants to nearly double the amount of members' pension contributions. She says that would effectively cut their take-home pay by five per cent.

Katherine Sheehan, vice-president of human resources at Dalhousie, said the university remains hopeful that negotiations will avoid a walkout.

"I'm pretty confident that the conciliation process will be helpful to us," she said yesterday in an interview.

THE CANADIAN PRESS

News in brief

Pot luck didn't work on cops

CHECKPOINT. Police are scratching their heads over why a motorist would decide to light up a marijuana cigarette within metres of a large checkpoint in Yarmouth.

The man passed sobriety tests and was allowed to proceed after police seized his stash. RCMP spokesman Cpl. Andy Hamilton says they didn't lay drug charges because it was a small quantity of marijuana.

THE CANADIAN PRESS

Police land fugitive catch

WARRANT. A man who tried to elude Cape Breton regional police by jumping into the ocean is in custody.

Police were called to a home in Sydney Mines on Sunday after receiving reports about a man who was wanted on an outstanding warrant.

When officers arrived they say a 34-year-old man ran from the residence, jumped into the water and began swimming away.

Police brought in a boat and finally caught the man a couple of hundred metres from shore.

THE CANADIAN PRESS

Green groups push provinces on climate change

A coalition of Atlantic Canadian environmental groups says the region's governments have to be more aggressive in dealing with greenhouse gas emissions.

The coalition says each Atlantic province with the exception of Prince Edward Island has fallen short of their stated goal

of reducing emissions to 1990 levels by 2010.

Gretchen Fitzgerald of the Sierra Club of Canada says more needs to be done to promote renewable energy and to reduce emissions in the transportation sector.

She says better transportation links between provinces and the devel-

opment of more affordable public transit would be a significant help in the battle to reduce emissions.

Three group members dressed as smokestacks handed out report cards to delegates entering the annual conference of New England governors and Eastern Canadian Pre-

miers in Halifax.

Fitzgerald says New Brunswick, Nova Scotia and P.E.I. were given a B for their efforts, while Newfoundland and Labrador was handed a D minus for still not having released a climate action plan that was expected in 2008.

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Statehood vote just PR: Baird

► Says Palestinian state must be result of negotiations

Foreign Affairs Minister John Baird says it would be meaningless if the United Nations General Assembly recognized Palestinian statehood this fall.

Baird is dismissing the Palestinian campaign to win recognition at the UN in a September vote as a public-relations move.

"We think it's distinctly unhelpful to seek a public-relations declaration within the UN General Assembly. Obviously, it would be without any meaning," Baird said yesterday.

Baird noted that only a vote of the Security Council would finalize the matter. "We believe that statehood should be the product of a negotiated permanent peace with security for both the Palestinian and Israeli people."

Boycott

Baird also confirmed Canada is boycotting the UN Conference on Disarmament because North Korea has assumed the rotating chairmanship.

► "It's absurd, and it's a blow to meaningful efforts at worldwide disarmament," said Baird.

He said he'd be thrilled to welcome a new Palestinian state, but only after peaceful negotiations with Israel. Baird also affirmed the Harper government's unwavering support for the Jewish state, which has sparked criticism in the past.

THE CANADIAN PRESS

Bosnia. Srebrenica



► A woman touches the coffin of her relative yesterday among the more than 600 displayed at the Potocari memorial cemetery near Srebrenica, Bosnia and Herzegovina.

ASSOCIATED PRESS/MARKO DROBNIAKOVIC

Massacre remembered as victims reburied

Hundreds of victims of the Srebrenica massacre were reburied yesterday as more than 40,000 mourners looked on — solemnly paying their respects on the 16th anniversary of the worst crime in Europe since the Nazi era. After a ceremony and collective prayer at the memorial centre in the eastern Bosnian town that already contains more than 4,500 graves, survivors and volunteers hoisted 613 coffins wrapped in green cloth to the air and carried them to a field of freshly dug graves.

Drought may be worse than reported: Official

A U.S. official said yesterday he fears Ethiopian officials may be underestimating the country's needs in its drought crisis, even as the government announced that 4.5 million Ethiopians need food aid, 40 per cent more than last year.

The U.S. government aid arm is looking for ways to help the hungry on Ethiopia's side of a three-country drought crisis that is also devastating communities in Kenya and Somalia.

"We are concerned that we are underestimating the situation, especially in the southern provinces," Jason Frasier, mission director of USAID in



► Two-year-old Aden Salaad sits in a bathtub yesterday at a Doctors Without Borders hospital in Kenya, where he is being treated for malnutrition.

Ethiopia, said of that country's food crisis.

Ethiopia's state minister of agriculture, Mitiku Kas-

sa, said yesterday that nearly \$400 million is needed to fill the country's food gap. THE ASSOCIATED PRESS

Over 100 die as cruise ship sinks

An aging cruise ship was severely overcrowded, had a malfunctioning en-

gine and listed to one side before it sank in heavy wind and rain on the Volga river, which is east of Moscow, killing as many as 129 people, Russian officials said yesterday.

River cruise boats are highly popular among

Russian holiday-makers and the Bulgaria was carrying 208 people, including a large group of children, when it set off in stormy weather Sunday, officials said. It was only licensed to carry 120.

THE ASSOCIATED PRESS

News in brief

Stun gun found on U.S. plane

SECURITY. Authorities are trying to determine how a stun gun got aboard a Jet-Blue plane that landed at New Jersey's Newark Liberty International Airport.

A cleaning crew was working around 10:20 p.m. Friday after the flight arrived from Boston and found the stun gun tucked into the back of a seat. Newark FBI spokesman Bryan Travers says there's no indication that an attack was imminent. He says the investigation is focusing mostly on how the stun gun ended up on the flight.

THE ASSOCIATED PRESS

STD resists all antibiotics

HEALTH. Scientists have discovered a strain of gonorrhea that is resistant to all currently available antibiotics.

The international research team says the superbug strain, dubbed H041, is likely to

transform a once-easily-treatable sexually transmitted disease into a global public health threat. Swedish researcher Dr. Magnus Unemo says the discovery is alarming but also predictable because gonorrhea has shown a remarkable capacity to develop resistance to drugs.

Unemo announced the discovery yesterday at a conference in Quebec City. THE CANADIAN PRESS

Transit union wants apology

COMPLAINT. Toronto's transit union is denying reports that a worker urinated on the wall of a subway station in full view of passengers.

The chairwoman of the Toronto Transit Commission issued a public apology after a rider complained. But Bob Kinneer, who heads Local 113 of the Amalgamated Transit Union, says the report is "a total fabrication."

He says the worker was just using his cellphone to check on a work assignment and this was verified by an internal investigation.

THE CANADIAN PRESS

New York prepares for same-sex marriages, adoptions

First comes love, then comes marriage. Now adoption lawyers and agencies in New York say they're getting ready for a baby boom as same-sex couples emboldened by the state's new gay marriage law take the next step and try to adopt children.

New York will allow same-sex marriages beginning July 24, becoming the most populous U.S. state to legalize such weddings. Thousands of couples are expected to tie the knot.

The state already permits unmarried couples, both gay and straight, to adopt children. But a wedding ring is an important milestone in a relationship — and can also bolster a couple's case as they try to impress social workers, adoption agencies and birth mothers during the often competitive adoption process, couples and adoption experts say. THE ASSOCIATED PRESS



ABC NEWS/THE ASSOCIATED PRESS

► Diane Sawyer, left, speaks with Jaycee Dugard in Ojai, Calif., during a July 1 interview, Dugard's first since being kidnapped near her California home in 1991, when she was 11.

'But he didn't get all of me' Dugard says

► Jaycee Dugard, who was held captive for nearly two decades, talks publicly for the first time ► Phillip Garrido sentenced to maximum 431 years last month

Jaycee Dugard, the California woman kidnapped in 1991, talked through tears about both the pain and determination she felt as she gave birth to her captor's child in his backyard while she was still just a girl.

Dugard was clear and composed throughout the interview with ABC News' Diane Sawyer on her show Primetime that aired Sunday night, but grew emotional when she talked about seeing the first of two girls fathered by Phillip Garrido.

"It was very painful," said Dugard, 31, as tears

"I can still hear it, consciously, when I'm awake. Some sounds and smells just don't leave you."

JAYCEE DUGARD RECALLING THE SOUNDPROOF DOOR OF THE BACKYARD STUDIO THAT GARRIDO SHUT AND LOCKED EACH TIME HE LEFT HER

welled in her eyes. "She came out and then I saw her. She was beautiful. I felt like I wasn't alone anymore. I had somebody who was mine."

She described walking to

the school bus stop on the day of a fifth-grade field trip and being zapped with a stun gun on a South Lake Tahoe street at age 11.

She said she heard Garrido laughing and telling his wife Nancy Garrido, "I can't believe we got away with it," calling the moment "the most horrible moment in your life, times 10."

Without going into many details, Dugard talked about the long, drug-fueled sex sessions Garrido would put her through, and said that to her great confusion he would cry afterward.

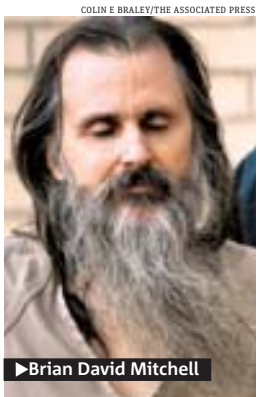
"He would tell me what an awful man he was," Dugard said. She said she would think that despite her own terrible pain, "I have to comfort him?"

Her mother, Terry Probyn, who was interviewed by Sawyer alongside her daughter, said she was full of rage.

Looking at her daughter, Probyn said, "He stole your childhood, he stole your adolescence, he stole your high school proms, and pictures and memories."

Dugard's reply: "But he didn't get all of me."

THE ASSOCIATED PRESS



COLIN E BRALEY/THE ASSOCIATED PRESS

► Brian David Mitchell

No appeal for kidnapper

A former street preacher sentenced to life in prison for the 2002 kidnapping and rape of Elizabeth Smart will not appeal his conviction, concluding a case that riveted the nation and focused attention on child abduction.

Lawyers for Brian David Mitchell, 57, could not elaborate on his decision, Robert Steele, Mitchell's federal public defender, told The Associated Press

"It's nice to see the defence do the right thing for a change." ELIZABETH SMART

yesterday, the deadline for filing an appeal.

Steele has maintained that Mitchell, who disrupted daily court proceedings with hymn singing, is incompetent and could not participate in his own defence. Jurors rejected the in-

sanity defence, saying that he knew he was breaking the law.

On June 5, 2002, Smart, then 14 years old, was kidnapped at knifepoint from her Salt Lake City home.

Smart said that within hours of the kidnapping she was forced into a polygamous marriage with Mitchell and raped. Her kidnapping lasted nine months.

THE ASSOCIATED PRESS

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Internet congestion being spiked by independent providers, hearing told

► CRTC is reviewing the model used by large network providers to bill smaller, independent businesses

Independent Internet providers are significant contributors to network congestion and the price they pay to large companies should reflect their usage, BCE Inc. told a regulatory hearing yesterday.

Mirko Bibic, a senior vice-president for BCE Inc., said wholesale independent service providers

make up 17 per cent of users in Ontario and Quebec and drive 29 per cent of total traffic on Bell's network in those provinces.

"This is significant," Bibic told the Canadian Radio-television and Telecommunications Commission.

"No single user or





wholesale customer is the cause of congestion. But clearly, wholesale users contribute a disproportionate share of total traffic and, by extension, congestion," Bibic said.

The CRTC is reviewing how BCE's Bell Canada and other large network providers charge independent Internet

providers for the use of their networks. The federal regulator launched the review after a social media campaign against a previous CRTC decision, which would have forced independent ISPs to charge their retail customers for usage above a ceiling — as large providers do.

THE CANADIAN PRESS

Market moment

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► Nissan is testing a super-green way to recharge its Leaf electric vehicle using solar power, part of a broader drive to improve electricity-storage systems. In the new charging system, electricity is generated through 488 solar cells installed on the roof of the Nissan headquarters building.

KOJI SASAHARA/THE ASSOCIATED PRESS

Recharge at little cost to the world

For Nissan's solar-powered recharging plan to work, four batteries from the Leaf electric vehicle were placed in a box and kept in a cellar-like area of the Nissan building to store the electricity generated from the solar cells, which is enough to fully charge 1,800 Leaf vehicles a year.

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Happy to hire soon: Study

57% The central bank said 57 per cent of the firms surveyed expect to hire new workers over the next year.

Businesses across the country are planning to kick their hiring into high gear over the next year, according to a Bank of Canada survey that found corporate Canada in a generally upbeat mood.

"The balance of opinion on employment has risen to a record high level," the bank said in its summer business outlook survey released yesterday.

"Intentions to increase employment over the next 12 months were widespread across all regions and sectors, particularly in the services sector."

The Bank of Canada's report followed a better-than-expected Canadian employment report on Friday. Statistics Canada reported a net gain of 28,000 jobs for June, the third consecutive month of gains, which was in stark contrast to a disappointing report of only 18,000 jobs added in the United States.

The central bank survey was taken between May 24 and to June 16.

THE CANADIAN PRESS

HOT FLINGS EVENTUALLY COOL OFF

SHE SAYS ...

JESSICA NAPIER
METRO



There is just something about the heat that wreaks havoc on our hormones. Long, temperate nights and a general lack of clothing can cause perfectly logical

individuals to develop an instantaneous infatuation with one another. And, thus, a summer romance is born.

Adorable new couples become high on the potential of what could be without one rational thought towards what will happen come fall. Life becomes a movie montage of adorable date activities: Tandem bicycling in the park, picnics on the beach, sunset walks, fireworks under the stars.

But all of this fun-in-the-sun frolicking can't last forever. Don't kid yourself; your love is not a Nicholas Sparks novel.

The summer romance, like its cousin, the vacation romance, has a built-in expiry date. Like a pair of white jeans, the relationship is best enjoyed before Labour Day.

"Manage your expectations and proceed with caution. With every foray into summer love comes a bittersweet sensation of wanting it to last forever, but knowing it never will."

Oh sure, you might have convinced yourself this is the real deal, but more often than not that sizzle burns out as soon as the temperature starts to drop. Very few trysts translate into long-term relationships. Once the easy, breezy days of summer are over, integrating each other into your real (read: Not so care-free) lives can be problematic. Just look at what Sandy and Danny went through when they

brought their summer lovin' back to school in Grease.

A fling, by its very nature, means you will be flung to the curb at some point. One minute you're handholding in matching khakis like a smug J. Crew catalogue couple and the next, you're packing up your summer wardrobe and wondering why you ever thought it could last.

Ultimately, it's best to keep these sun-soaked romances as casual as the beachwear in which they began. Manage your expectations and proceed with caution. With every foray into summer love comes a bittersweet sensation of wanting it to last forever, but knowing it never will.

When September arrives and reality is restored, you're sure to feel a little melancholy over the demise of your doomed-from-the-start romance. In the days following those tearful goodbyes it's important to remind yourself that you aren't really mourning the loss of some great love, but the feeling of endless summer and the possibility of what could have been.

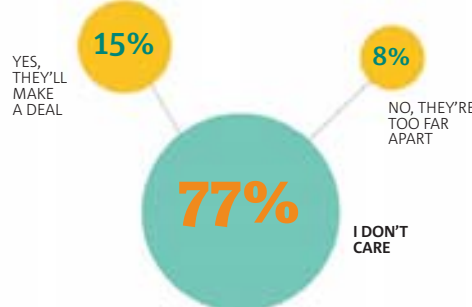
And as your tan lines start to fade, so will your heartbreak. You will come to realize that the beauty of summer romances is that they are fleeting; as short and sweet as the season itself.

Read more of Jessica Napier's columns at metronews.ca/shesays



Register at
metropolitanpanel.ca
and take the quick poll

Do you think there will be an NBA season this year?



Worth mentioning

MADRID, Spain. Doctors in Spain have carried out the world's first double leg transplant, giving new lower limbs to a patient who lost both legs at mid-thigh in an accident, officials said yesterday.

The Valencia regional government said the surgical team was led by Dr. Pedro Cavadas, who, in 2009, carried out Spain's first face transplant — the first anywhere to include a new tongue and jaw.

The government statement said the operation at La Fe Hospital in Valencia was extremely complex and Cavadas will wait at least 48 hours to release more information.

"Today we can say a landmark has been reached," said Dr. Rafael Matesanz, director of the National Transplant Organization. Another official at the organization, speaking on condition of anonymity, would not give details as to how the patient is doing, other than to say if the limbs are rejected this will happen more or less immediately. He added it will be a month or so before doctors know how successful the surgery has been.

THE ASSOCIATED PRESS

Cartoon by Michael de Adder



WEIRD NEWS

Stork was lucky to get off the ground

A Texas mom expected a big baby, but nothing like this: 16 pounds, 1 ounce (7.3 kilograms).

Janet Johnson remained in an East Texas hospital yesterday after giving birth to what her doctors called one of the biggest newborns they have ever seen. She was awaiting word from the state to see whether her son,

JaMichael Brown, ranked among the biggest births in Texas history.

JaMichael was born Friday at Good Shepherd Medical Center in

Longview, Texas. Johnson has gestational diabetes, which results in bigger newborns for many mothers. Yet doctors had estimated JaMichael would be around 12 pounds (5.5 kilograms) prior to the caesarean birth.

Johnson hopes to take JaMichael home this week — and return his newborn clothes that won't fit. THE ASSOCIATED PRESS



2

scene

Sheryl Crow



Sheryl Crow is being criticized by a U.S. animal rights group for planning to donate some proceeds from her July 22 concert at a Wyoming rodeo to a wild-horse protection group that's suing the government to halt a big mustang roundup in Nevada. But Illinois-based Showing Animals Respect and Kindness is calling on the Colorado-based Cloud Foundation to reject the donation accusing Crow of hypocrisy for performing at Cheyenne Frontier Days where it claims wild horses are abused.

THE ASSOCIATED PRESS



France inducts U.S. entertainer Liza Minnelli into the elite Legion of Honour Society



► Pooh Bear and his friends will make a come back to the big screen with the feature film the Hundred Acre Woods

Pooh's chance to shine

► Veteran Disney animator, Burny Mattinson, shares his adventures with the infamous Walt Disney ► New Winnie the Pooh flick brings Mattinson's old toy to life on the big screen



**RICHARD
CROUSE**
SCENE@METRONEWS.CA

For most people, Walt Disney is a brand name, or a flickering black-and-white image best remembered for hosting the Disneyland series throughout the 1960s. But for animator Burny Mattinson he was a real living, breathing person.

"I first met him as a traffic boy when I first came to the studio," said Mattinson, a Disney employee since 1953. "I was in the elevator and he stepped in. I said, 'Good morning Mr. Disney.'

He looked at me with a cocked eyebrow and said, 'It's Walt, son.' That was my first adventure with him."

Mattinson had many adventures in the studio, including working on Aladdin, Beauty & the Beast and the original Winnie the Pooh shorts in 1964 and '74. Those shorts were wildly popular, but were originally planned as a feature film. Mattinson remembers watching the rough cut of the film with Disney.

"He came out afterwards and said, 'You know, I think we should cut our losses. I don't think audiences are



► Burny Mattinson

going to like this kind of humour. It's too mild. Let's put it out as a featurette.' So we cut it to twenty minutes and lost a lot of footage. We put it out as Winnie the Pooh and the Honey Tree

and it did very well, and Walt said, 'Well we have the rest of this footage, let's put it out as A Blustery Day. Which we did and it won an Academy Award the following year.'

Recently Mattinson's career came full circle when he was approached to help relaunch the Pooh Bear and his friends from the Hundred Acre Woods. The result is Winnie the Pooh, a movie Mattinson says, "is kind of like visiting an old friendly family you've grown up with."

Mattinson has another family connection to the

film. The movie's opening moments are live action, featuring a Winnie the Pooh stuffed doll his wife made in 1964. It was set to be used in the 1964 movie, but when it wasn't he gave it to his children.

"My kids played with it," he says, "and their kids played with it. It's kind of raggedy; it's gotten a lot of patina of age on it but then when the bosses said they were going to shoot a new live action opening I brought it in and showed it to them and they said, 'Yes! That's it.' It's finally gotten its chance."

DVD Releases

Buy it 🍿🍿🍿🍿 | Rent it 🍿🍿🍿 | Borrow it 🍿🍿 | Yawn 🍿 | Don't bother 🍿

The Lincoln Lawyer

Genre: Thriller

Director: Brad Furman

Stars: Matthew McConaughey, Ryan Phillippe, William H. Macy

In *The Lincoln Lawyer*, Matthew McConaughey is bottom-feeding attorney Mick Haller, who tools around L.A. in a chauffeured Lincoln that bears the license plate NTGUILTY. With his shades up and his ethics down, Haller trades his courtroom skills for fast



cash, whether his clients are bikers or bankers.

When Haller hears Bev-

erly Hills playboy Louis Roulet (Ryan Phillippe) is accused of attempted murder, he senses a fast windfall. Roulet's alibi is sound and his mama has a big chequebook. After some sleuthing, aided by sidekick, Frank, (William H. Macy), disturbing evidence and possible corruption of justice turn up. Pride and the law require Haller to give Roulet the best defence he can, even if he must hold his nose to do so.

● PETER HOWELL

Insidious

Genre: Horror

Director: James Wan

Stars: Patrick Wilson, Rose Byrne, Ty Simpkins, Lin Shaye

Director James Wan and screenwriter Leigh Whannell (of *Saw* fame) reinvent the wail with this horror film. Patrick Wilson and Rose Byrne are Josh and Renai, parents of three children and new home owners. They've barely moved in when poltergeist tricks leave no

boo unbidden. Their 10-year-old son, Dalton, (Ty Simpkins) falls into a coma, while medical scans and pokes reveal nothing unusual about his health.

Things get worse when they opt for a new house. Surprise! The spooks follow. Time to call the exorcist! Lin Shaye shows up and announces: "It's not the house that's haunted, it's your son!" Seems Dalton has wandered into another dimension. All in all, *Insidious* is a serviceable shocker. ● PETER HOWELL

It's a boy! Kate welcomes new addition to family

► Hudson and fiancé blessed with 'healthy' baby

Kate Hudson is a mother for the second time, having given birth to a "healthy baby boy" over the weekend, according to Us Weekly.

Hudson also has a seven-year-old son, Ryder, with ex-husband Chris Robinson.

Hudson claimed she and fiancé Matt Bellamy didn't know the sex of the baby before it was born, though in April Hudson had told Entertainment Tonight she'd used a "pendulum test" to predict that the baby would be a girl.

● METRO



► Kate Hudson

J.Lo to return to Idol: Report

Jennifer Lopez is reportedly returning for the next season of American Idol, despite recent speculation that the pop singer and the singing competition would part ways after one outing, according to E! Online.

Lopez herself had admitted to being "on the fence" about signing up for another season, saying in a radio interview, "I had an amazing time do-

ing it and I loved it, but I have a lot of other things happening and it's going to come down to me making a decision of what I want to do for the next year."

She joins fellow judges Steven Tyler and Randy Jackson, who have already renewed for the show's 11th season.

● METRO



Jennifer Lopez

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3

life

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● METRO



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Arthritis not limited to the elderly and strikes one in every 1,000 children



► Not everybody is able to kick back and relax during the summer months.

Dealing with those stressful summers

► Those middle months are full of change and not everybody knows how to understand the pressures ► Metro speaks with an expert to get tips on how to deal with instability in life



CELIA MILNE

LIFE@METRONEWS.CA

Not everyone loves the lazy days of summer.

Early July is a time for change: School is over, holidays are upon us, routines are disrupted. Some people have difficulty dealing with the loss of structured time that keeps them feeling safe throughout the year.

Learning how to deal with change is all about having a strong self-image,

says Dr. Albert de Goias, a Toronto-based counselor on mood and behavioural disorders. He has recently launched a website dedicated to understanding and dealing with change (go to understandingchange.org).

"Build a powerful and stable sense of self so that you can approach stress, disruption, or even stagnancy with a sense of creativity, purpose, and self-respect," he says.

If you define yourself by your money, possessions,

clothes, appearance or status, chances are, you won't be strong when any of these things are taken away, he believes.

When change occurs or boredom sets in, some people deal with it by dwelling on problems, feeling victimized, becoming overwhelmed and turning to alcohol and drugs.

"Emotional angst is part of life," says de Goias. "It does not have to proceed to depression and addiction if we realize that it

comes whenever we have a situation we feel is beyond us or when we feel lost. It can be 'blocked at the pass' simply by knowing how to see our stresses as stimulants to personal growth."

His advice?

"Be a tourist in your own town," he says.

"Do cultural things, explore life with the curiosity of a child. Understand change as the energy that drives life, and realize there is no such thing as stability."

Tips

Resilient people are better able to deal with change and disruption than non-resilient people. Here are some tips adapted from the Mayo Clinic on becoming more resilient:

- **Get connected:** Build supportive relationships with family and friends
- **Find meaning in your life:** Develop a sense of purpose beyond appearances

Willman's Fried Foods continues to do fish right

► This North End Halifax institution offers affordable prices and fresh food

LUNCH RUSH

VALERIE MANSOUR
FOOD@METRONEWS.CA



There's something appropriate about fish and chips on a summer's day.

Willman's Fried Foods is a neighbourhood institution in North End Halifax. Recently renovated, it still has affordable prices, fresh fish and gracious service.

We indulge in a take-out order on our deck.

Fish and Chips (two pieces, \$7.99) include a huge pile of fries that, although limp, are home cut with the peeling left on.

The fish portions are large, acceptably greasy, with a crisp, thin batter and delightfully fresh.

Clams and Chips (\$8.50) are a real treat as clams are in season and perfectly tender.

As an attempt to be vir-



► Fish and chips, clams and green salad.

tuous, a green salad (\$4.50) does the trick.

It's a refreshing mix of lettuce, tomatoes, red onion and green, red and yellow peppers — with an oil-balsamic dressing.

Relaxing outside, eating

with our fingers and enjoying the sunshine — it all

adds up to summer in the city.

► **Willman's Fried Foods**
5644 Kane St.
454-0929
Client negotiations: No

Social lunch: Yes
Quick solo lunch: Yes
Price range: \$\$
Rating: 3.5 out of 5

Strawberry Shake



Whirl some wonderful local strawberries with ice cream for a great shake.

If you have a blender, throw the berries in with some milk and ice cream and you have a splendid hot day drink that will give you a boost of energy.

Preparation:

1 Place all ingredients into blender container.

Process until smooth. Pour into tall glasses and serve. **THE CANADIAN PRESS/OSTER**

Ingredients:

- 250 ml (1 cup) milk
- 500 ml (2 cups) strawberry ice cream
- 250 ml (1 cup) ripe strawberries with stems removed

Lamb burger goes classy

► Adding creamy brie cheese and baby arugula gives this burger a posh twist

bine all of the ingredients for the patties. Prepare 6 patties; set aside. Halve ciabatta loaf crosswise to get 6

Ingredients:

Patties

- 500 g (1 lb) freshly ground lamb
- 30 ml (2 tbsp) Dijon
- 1 egg
- 1 small onion, finely chopped
- 1 bunch of fresh mint, finely chopped
- Salt and milled pepper

Dressing

- 50 ml (1/4 cup) mayo

- 50 ml (1/4 cup) sour cream
- 45 ml (3 tbsp) chopped chives
- Hot sauce, to taste
- Salt and milled pepper

Trimmings

- 3 ciabatta loaves
- Butter, for buns
- 500 ml (2 cups) baby arugula
- 12 slices brie

burger-size buns; slice open.

2 On the grill, quickly brown each side of the lamb patties and cook for an extra 5 to 6 minutes. Meanwhile, butter inside of ciabatta buns and lightly grill them until golden.

3 In another mixing bowl, combine all of the dressing ingredients.

4 Set patties on absorbent paper to catch excess oil, then assemble burgers with slices of brie, arugula and dressing.

THE CANADIAN PRESS/
DAIRY FARMERS OF CANADA



► This recipe makes six servings.

Preparation:

1 Pre-heat grill. Then in a mixing bowl, com-



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LESLEY SCORGIE
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Is Fido busting your budget? The costs of pet ownership

can add up; veterinary bills, food, toys and other paraphernalia. Stop buying tutus for your feline and focus on providing for your pet's needs while saving money.

When it comes to food, consult your vet on what's most nourishing and frugal. Trendy expensive food doesn't always translate into nutrition, so research a variety of brands and compare prices. You can save a bundle by buying in bulk and using manufacturer, store or online group

coupons. If you belong to a loyalty program at your local grocery store, cash in your points for pet food.

Avoid expensive grooming by washing your own pet, brushing its teeth and hair and cleaning its ears. Special shampoos, nail clippers, tooth and hair brushes can be purchased at any pet store. When you take your animal in for a haircut, trim it short.

Proactively manage your animal's health-care costs by not postponing regular visits to the vet. Regular checkups and appropriate shots will help keep your pet healthy and prevent serious illness. One of the best ways to reduce health-care costs is to ensure your pet receives ample exercise.

Spend wisely and enjoy the inexpensive love and fulfillment pet ownership can bring.

ON MONEY

ALISON GRIFFITHS
MONEY@METRONEWS.CA



Wrap me in seaweed, scour me head to foot, slap hot rocks on my back and I am in heaven.

If you haven't guessed, I'm a spa devotee. Happily, I have an esthetician in the family so I get to wallow in mud at a discounted price.

For those not so lucky and eager to save a few bucks, my daughter Claudia, the esthetician, offers some inexpensive but effective at-home treatments.

Here are her top five home spa ideas:

Bath Soak: Combine two tablespoons of Epsom salts with 10 drops of a favourite essential oil — lavender re-

laxes you, peppermint and eucalyptus are uplifting and help with sinus clearing, geranium is a mood balancer.

Lip Treatment: Using a soft toothbrush, gently scrub lips in a circular motion for one to two minutes — I did it for one, which was plenty. Apply organic honey and leave on as long as possible.

(I advise lying down for this one or the honey dribbles down your chin an onto your shirt — keep fingers handy for mopping and licking.)

Body Scrub: Use three to four tablespoons of brown sugar depending on amount of coverage needed.

Mix in olive oil but don't let it get runny. Add two to three drops of vanilla to scent. Scrub away and shower off.



► Money too tight for a spa day? Get a great home experience with a few expert tips.

Deep conditioning for hair:

Take a small jar or a cup of mayonnaise and half a ripe avocado. Mash the avocado in a bowl and mix in mayo thoroughly. Rub into hair. Put on a shower cap and let sit 20 minutes. Rinse.

This is great to do while you are soaking in the bath. Rinse your hair in the tub water and you'll really

gross out your kids.

Face Mask: This is good for exfoliating and unclogging pores. Mix oatmeal and water together until a paste forms. Apply to your face and leave on until dry. Scrub off over the sink and rinse.

Easy. Cheap. And, I have to admit, kind of fun.

POPQUIZ

I keep reading news about a slowdown in the US economy – should I sell my investments?

A: Money in America? Is that an oxymoron?

B: You should invest! You can't get the ups without going through the downs.

FIND TIPS & TRICKS

in Allan Small's Investment Perspectives Column: *Negative news provides a drag on the market.*

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GET READY TO ACE THAT INTERVIEW

CHARLES THE BUTLER



ASKCHARLES
THEBUTLER@
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FOR MORE, VISIT
CHARLES
MACPHERSON.COM

Dear Charles:
I am about to embark on the most important interview of my business career and was wondering if you could provide some helpful tips for a successful interview.
Shaking In My Boots

Dear Shaking In My Boots:
Congratulations on your upcoming interview! What a great opportunity. While each interview is always different — corporate culture and individual interview style play a big part — below are some tools I have used successfully.

1. Have a professional-looking resumé and bring multiple copies with you. You may be asked to meet with several people or in front of a group of people. If this is the case, present

each person at the table with a copy of your resumé.

2. Be ready to listen. Often, when we get nervous, we don't pay attention to what others are saying.

Always focus on the person speaking, listen carefully and let them complete their question or statement. Only then should you respond.

3. When answering questions make sure to give examples.

Never answer a question like "Tell me about your keyboarding skills?" by simply saying, "They're great."

Instead, demonstrate your skill level with good examples — "I can type 100 words a minute — with no errors. In fact, I used to prepare the management team's weekly reports. They included confidential subject matter that was for management's eyes only."

4. Dress appropriately. To do so, know the culture of the company you are interviewing for. If you are going to an interview at a



► Remember to bring multiple copies of your resumé with you to any job interview.

conservative mutual fund company, dress in a suit and tie.

If you are interviewing for a hip and cool guerrilla-marketing firm, dress in a professional manner that is consistent with the culture of the firm.

Remember, if you dress correctly you will feel comfortable and feeling comfortable will help you to interview successfully!

HAVE A QUESTION? EMAIL CHARLES AT ASKCHARLESTHEBUTLER@METRONEWS.CA.

What's happening at a school near you

► From racing across the Rock to getting a shot at the NHL, there's plenty going on in the Halifax area



**KELLY
PUTTER**
FOR METRO

Dalhousie University opens Life Sciences Research Institute

The official launch of Dalhousie's \$70 million Life Science Research Institute (LSRI) took place in late June with educators, politicians, entrepreneurs and students singing the praises of the new facility.

The LSRI is unique for Halifax in that it is a facility where scientists, students and entrepreneurs will work together to move research seamlessly from the lab to the world of commerce.

Located on the corner of Summer Street and University Avenue, the LSRI is in close proximity to hospitals, research labs and the Tupper Building, home of Dalhousie's Faculty of Medicine.

"How can you not be inspired in this building?" Nova Scotia Premier Darrell Dexter said during the opening festivities. "It's a space that holds a lot of promise for the province ... this institute has the ca-

capacity to produce leading-edge research while providing enhanced clinical, educational and training space."

The founding partners of LSRI are Dalhousie University, Capital Health and the IWK Health Centre in partnership with Innovacorp. Among the more than 100 life science researchers and research groups relocating to LSRI are the Brain Repair Centre and the Atlantic Mobility Action Project. On the business incubation side are Innovacorp and Dalhousie's Industry Liaison Office.

St. Mary's professor runs for mental health in

The Race Across the Rock

An assistant professor at St. Mary's University will run the distance of two marathons daily for 14 days in the hopes of raising awareness and funds for mental health.

In mid July, Halifax resident Jason Ryder will join Yigit Aydede as they run along the Newfoundland leg of the TransCanada Trail from Port aux

Basques to Signal Hill in St. John's.

"If we can do this, so can most people," said Aydede, an assistant professor of economics. "Sure it takes a lot of dedication and commitment but really it just comes down to making a choice."

Ryder, a Halifax sales rep, has been training for the race for one year.

"In the past few years I have come to realize that we are all capable of so much but that potential is often limited by what goes on between our ears," says Ryder. "Since becoming physically active I have realized the tremendous benefit of exercise on mental health."

A three-person support team that will provide minor medical assistance will trail the runners. The pair must cover 60 to 70 km each day before they stop and camp for the evening.

To learn more about the mental health initiatives the duo is running or to donate to the cause, visit raceacrosstherock.blogspot.com or contact nltrailrun@gmail.com.



Acadia University's Kristofer Westblom heads to NHL camp

After a successful hockey career at Acadia University, academic all-Canadian goaltender Kristofer Westblom will have an oppor-

tunity many warm-blooded Canadian hockey players only dream of — a shot at the NHL.

Westblom, a Meadow Lake, Sask. native was named Acadia's athlete of the year in 2010, and is a

three-time team most valuable player or most valuable player of the playoffs. He headed to the Philadelphia Flyers 2011 prospect conditioning camp in New Jersey last week.

How to stand out on a corporate tour



**CHELSEA
NEWTON**
TALENTEGG.CA

University and college career centres are trying to engage students and help prepare them for careers after school.

One new activity I've seen is career centres organizing corporate tours to build relationships with relevant companies.

A short office tour and information session is organized where students can talk to management and new hires to understand what a career at each company would look like.

Knowing what to wear is always a challenge for students, so here are some tips if you are unsure: I would recommend stu-

dents wear business formal if it's a professional setting, while business casual is more appropriate for marketing-oriented companies. Never jeans though! If you aren't sure, always take the more formal approach.

Corporate tours usually incorporate many different companies in one day. I don't expect every single student to have heard of my company, but I would like you to respect our time in hosting you, just as we are respecting yours by having a presentation and great speakers prepared.

Any time you are engaging with a potential employer, have your ducks in a row. Do your research. Visit the company website.

Seek them out on Facebook and LinkedIn. Understand the basic values of the company and know why you might want to work for them.

Always bring a resumé and ask if the employer has an online application system you can also use to apply on. Ensure you leave something behind that keeps you top of mind.

Remember, just because an interaction isn't a job interview doesn't mean it can't get you a job. First impressions count.

— Chelsea Newton is the Director of Talent Acquisition at Mosaic Sales Solutions. Her expertise is in hiring young adults.

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4
sports

Quoted



"I'm an immigrant. I definitely would never agree with any treating of immigrants bad — the wrong way."

BOSTON RED SOX SLUGGER DAVID ORTIZ, A NATIVE OF THE DOMINICAN REPUBLIC, ON ARIZONA IMMIGRATION LAW BEFORE THE MLB HOME RUN DERBY LAST NIGHT. THE REV. JESSE JACKSON IS URGING BASEBALL'S STARS TO SPEAK OUT AGAINST THE LAW KNOWN AS SB 1070 AT ALL-STAR GAME FESTIVITIES IN PHOENIX.



Scan code for more sports.

Derby. Champion



► Robinson Cano of the Yankees reacts after hitting a home run last night.

MATT YORK/THE ASSOCIATED PRESS

Cano bests rival Gonzalez in derby

New York's Robinson Cano outslugged Boston's Adrian Gonzalez to win last night's all-star game's home run derby, which turned into a Yankees-Red Sox showdown. Batting last, Cano defeated Gonzalez 12-11 in the finals last night after they each hit 20 home runs through two rounds. Toronto Blue Jays slugger Jose Bautista was eliminated in the first-round with just four home runs.

Canadian Hesjedal still alive amidst tour mayhem

Canadian Ryder Hesjedal is nursing sore ribs and a bruised back and neck. But he's grateful he's made it through the first nine stages of the Tour de France.

"I'm just happy to still be in the race and still be in one piece," he told The Canadian Press during yesterday's rest day. "I just feel for the guys that have gone home with broken bones.

It's not fun."

This year's Tour has been a wild ride with competitors clipped by motorcycles, cars, spectators and guardrails. Rain and mass crashes have added to the mayhem.

"That's the harsh reality of this sport," Hesjedal said. "We don't have that luxury of a rink or a court or a field where it's pretty controlled and you know what you're

getting."

Hesjedal has been involved in several crashes himself. The 30-year-old from Victoria went down hard Friday during Stage 7, dropping him from 30th overall to 48th as he lost three minutes six seconds on the leader.

He currently stands 43rd, 9:33 back of leader Thomas Voeckler.

THE CANADIAN PRESS

Jury might not hear from Clemens

► Former pitching star's defence continues to sift through jury pool

The lawyer for Roger Clemens gave his strongest hint yet that the former baseball star may not testify in his trial on charges of lying to Congress about using performance-enhancing drugs as he pressed potential jurors not to hold Clemens' silence against him.

Several members of the jury pool under selection in Washington federal court said they would weigh evidence from both sides before deciding on a verdict. The judge and Clemens' lawyer had to repeatedly explain the legal principle of innocent until proven guilty and that prosecutors alone bear the burden of proving his guilt.

"Maybe you won't get both sides," Hardin told a government consultant who indicated she wanted to hear Clemens prove his innocence. She eventually said she understood she must start off by assuming he's innocent until the government persuades her otherwise.

"Would you require him to testify to find him not guilty?" Hardin asked another panelist.

"I would like to hear from both sides," she responded.

"That's the point. Most

Jury selection

U.S. District Judge Reggie Walton plans to have prosecutors and defence lawyers exercise their preemptory, or unexplained, challenges today to narrow those qualified to a panel of 12 jurors and up to four alternates and then have opening arguments tomorrow.

people would," Hardin said, and then explained she can't hold it against him.

"You mean you aren't going to say anything at all?" she asked.

"We may, we may not," he said. Under coaching from Hardin, she eventually said she would find him not guilty if she had a reasonable doubt even without hearing from him.

Clemens watched without speaking during three days of intense questioning of 50 potential jurors that qualified 35 people for potential service.

Clemens is charged with six felonies for telling Congress under oath that he never used performance-enhancing drugs. He stands by the denial, but prosecutors say they can prove that is a lie.

THE ASSOCIATED PRESS

Sports in brief

Canada unbeaten at football worlds

FOOTBALL. Canada improved to 2-0 at the IFAF world football championship in Graz, Austria, yesterday, with a 36-14 victory over the host country. Saint Mary's Huskies slot-back Jahmeek Taylor is among the Canadian Interuniver-

sity Sport stars on the roster. ● METRO

Raonic's drop continues after injury

TENNIS. Milos Raonic has dropped to No. 27 in the latest ATP rankings. The 20-year-old from Thornhill, Ont., hasn't played since suffering an injury during a second-round match at Wimbledon. He was ranked a career-high No. 25 going into the tournament.

THE CANADIAN PRESS

Making Waves



► The Bella Pita, skippered by Jim Grundy of the New York Yacht Club, arrives in Halifax yesterday to win the Marblehead-to-Halifax Ocean Race in record time.

CRAIG BUCKLEY/CONTRIBUTED

Record time set in yacht race

The 75-foot Bill Tripp-designed yacht posted an elapsed time of 30:36:52 to beat the previous record of 33:29:57 set in 1989 by the Starlight Express. Valkyrie, skippered by Will Apold of Royal Nova Scotia Yacht Squadron and the Bedford Basin Yacht Club, came second in 31:50:18, setting the fastest Canadian time in event history.

Team named for world sprint canoe-kayak championships

► Nine Nova Scotians among 35-member Canadian roster going to Hungary



MATTHEW WUEST
@METRONEWS.CA

Nine Nova Scotians are headed to the world sprint canoe-kayak championships in Szeged, Hungary, next month.

The 35-member Canadian squad, which will compete from Aug. 17 to 21, was announced yesterday.

Highlighting the roster in men's canoe is Halifax's Richard Dalton, who won a bronze medal at last year's worlds in the C-1,200, and Dartmouth's Andrew Rus-

sell, who pairs with Gabriel Beauchesne-Sevigny of Trois-Rivieres, Que., in C-2 events.

In men's kayak events, Nova Scotia will be represented by Mark de Jonge of Dartmouth, Ryan Cochrane of Hammonds Plains, and the Waverley tandem of Andrew Pickrem and Connor Taras.

On the women's side, Gen Orton of Lake Echo is part of the K-4 500. Karen Furneaux of Waverley and Una Louder of Dartmouth are also on the women's kayak team.

Junior world team

- The 18-member Canadian team for the junior world championships from July 29 to 31 in Brandenburg, Germany, was also announced yesterday.
- On the team from Nova Scotia are: Jason McCoombs and Thomas

Among the national stars on the team is multi-Olympic medallist Adam Van Koevorden of Oakville, Ont., and World Cup medallist Mark Older-

Miller, both from Dartmouth, in men's canoe.

- Samantha Hall and Samantha Mollins, both from Waverley, in women's kayak;
- Emily Riddle of Lake Echo and Mariah Godin and Hannah MacIntosh, both of Dartmouth, in women's canoe.

shaw of Burlington, Ont.

The championships are also an Olympic qualifying event where countries can earn spots for the 2012 London Games.

Power sponsored through 2016

PHILIP CROUCHER/METRO HALIFAX



► Adrienne Power

Halifax's Adrienne Power has earned a five-year sponsorship deal from Emera that will carry her through the 2016 Summer Olympics in Rio de Janeiro.

The deal will see the company pay all training and associated costs for the

29-year-old track star, who made it to the quarter-finals at the 2008 Summer Olympics in Beijing.

"This support means so much to me and my career," said Power, originally from East Jeddore and a former Dalhousie Tigers stand-

out. "It means my dream is that much closer to reality."

Power placed second in the 400 metres at the Aileen Meagher Track Classic in Halifax on Sunday and is a top sprinter on the National Track League loop this summer. ● METRO

Mooseheads deal Erne, get 3 picks in return

The Halifax Mooseheads' decision to select Adam Erne in last month's QMJHL draft paid big dividends yesterday.

The Mooseheads traded Erne — taken in the second round at 22nd overall — to the Quebec Remparts yesterday in exchange for a 2012 second-round pick, a 2013 first-rounder and a 2014 first-rounder.

The deal gives the Mooseheads five first-round picks over the next three years, in addition to four second-round picks. Three of those first-round picks are expected to be headed to the Baie-Comeau Drakkar in a package to acquire Cole Harbour star Nathan MacKinnon.

Erne, a five-foot-11, 198-

pound winger, played last season with the Indiana Ice of the United States Hockey League and wasn't interested in reporting to the Mooseheads. But sources say the Remparts will have more luck pulling him away from the U.S. college route.

The Mooseheads considered Erne every bit as talented as left-winger Jonathan Drouin, who they took second overall in the same draft.

"Obviously he's a hell of a player," Mooseheads majority owner Bobby Smith, said of Erne. "I said to (Remparts general manager) Patrick (Roy), 'I wouldn't give you Drouin for a second and two firsts, so you're getting a good deal.'"

● MATTHEW WUEST

Sports in brief

Dartmouth adds former MVP pitcher

BASEBALL Dartmouth Moosehead Dry has added left-handed pitcher Jason Bailey to its lineup for the rest of the Nova Scotia Senior Baseball League season.

Bailey, a former league MVP, had previously retired.

He went 5-2 last season and led the league with 85 strikeouts while compiling a 2.40 ERA.

● METRO

Doucette, Head power Canada

BASEBALL. Dartmouth Moosehead Dry slugger Darren Doucette had a home run and centre-fielder Chris Head went two-for-four as Canada improved to 2-0 at the World Baseball Challenge in Prince George, B.C., yesterday with a 6-2 win over the Beijing Tigers. Canada faces Cuba today. ● METRO

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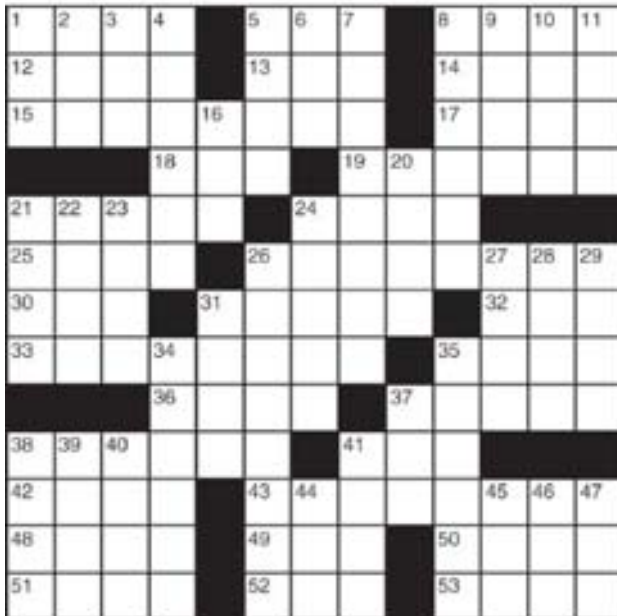
Crossword

Across

- 1 Food list
- 5 LummoX
- 8 Glitz partner
- 12 Shakespeare's river
- 13 Under the weather
- 14 Relaxation
- 15 Corsage flower
- 17 Karaoke need
- 18 Tattooist's supply
- 19 Need for water
- 21 Released
- 24 100 (Sp.)
- 25 Statutes
- 26 Jon Arbuckle's cat
- 30 Noshed
- 31 Fortuneteller's deck
- 32 Extinct bird
- 33 Military post
- 35 Shade of color
- 36 Not 13-Across
- 37 Garbage vessel
- 38 Jungle expedition
- 41 Intend
- 42 Tiger Woods' ex
- 43 Chickpea
- 48 McNally partner
- 49 That guy
- 50 Bank transaction
- 51 Vicinity
- 52 Attempt
- 53 Advantage

Down

- 1 Periodical, for short
- 2 Actress Longoria
- 3 Neither mate
- 4 Intimate apparel
- 5 Pig's call
- 6 "The Greatest"
- 7 Pressing need?
- 8 Zodiac twins



- 9 Den
- 10 Requests
- 11 Encounter
- 16 Conclusion
- 20 Weight
- 21 Old Glory, e.g.
- 22 — -tat-tat
- 23 Basin accessory
- 24 Yuletide song
- 26 Old-fashioned illumination
- 27 Eastern potentate
- 28 Protracted
- 29 Appointment
- 31 Layer
- 34 Kigali's country
- 35 Mexican entree
- 37 Clothes protector
- 38 Antitoxins
- 39 Winged
- 40 OK
- 41 Host
- 44 Melody
- 45 Affirmative action?
- 46 Sharp turn
- 47 Inseparable

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.



Yesterday's answer ►



Today's horoscope

♈ Aries March 21-April 20

Mercury, planet of the mind, links to your ruler today, so you won't be short of ideas.

♉ Taurus April 21-May 21 You may have every right to get your own back on a rival but it will lead to more bad feeling.

♊ Gemini May 22-June 21 You may need to bluff your way through a situation.

♋ Cancer June 22-July 22 Take that first small step, then just keep walking.

♌ Leo July 23-Aug. 23 If you

know what you want you will surely find a way to get it — but do you know what you want?

♍ Virgo Aug. 24-Sept. 22 Fate is clearly pointing you in a particular direction but you want to take a completely different path.

♎ Libra Sept. 23-Oct. 23 A Mars-Mercury link will help you reach out to people you love and trust.

♏ Scorpio Oct. 24-Nov. 22 You will know with the utmost clarity today what needs to be done.

♐ Sagittarius Nov. 23-Dec. 21 What happens today will remind

For today's crossword answers and for expanded horoscopes, go to metronews.ca

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